



April 18th, 2015

Participant Information



Welcome to Olathe (“oh-LAY-thuh,” - Shawnee Indian word for beautiful.), the crossroads to adventure!

We are pleased to present the 12th annual Garmin Marathon In the Land Oz. (Formerly known as the Olathe Marathon). As you run through our beautiful city, please take a moment to thank those who have worked to ensure your protection along the route:

Johnson County MedAct – Providing medical assistance along the route

Johnson County Parks and Recreation – Making sure the trails are safe and clear

Olathe Fire Department – Providing emergency services and communication

Olathe Public Works – Coordinating road closures, traffic flow and safety

Olathe Police – Working hard to keep you safe and protected on the streets

Olathe Parks and Recreation – Making sure the trails are safe and clear

Garmin International – Title sponsor, sponsor of the pace teams and provider of aid station volunteers

Yardman Course Sweepers – Making sure the trails are free of mud and debris

Graebel Moving – Providing water station set-up and supplies

Citizens of Olathe – It takes more than 300 citizen volunteers to make this event a success every year

A message from your race committee

Thank you for running in the 12th annual Garmin Marathon In the Land of Oz.

The race committee has worked year-round to make sure this is one of the best events to date. Please take note of those people below who have spent many hours preparing for this event. Please also thank the many volunteers on the course and the police officers providing course protection. Some of those officers will have worked through the night and then worked the marathon! We clearly could not host this event without their assistance.

We believe we have prepared a wonderful run for you! Enjoy it! If there is anything we can do to change or add to the event, please let us know. Email is aarnold@olathe.org. Then, tell a friend (or two) and mark your calendars to come back for the 2016 Garmin Marathon on April 16, 2016!

Race Committee

Ashley Arnold, Race Director
Don Seifert, Assistant Race Director
Brett Vena, Sports Marketing Director and Volunteer Coordinator
Bruce Baldwin, Course Manager
Laura Baldwin, Sponsorships
Rob Bens, Course Development and Awards
Bobbie Clark, Garmin
Gwen Boone, Packet Pick-Up
Colby Kost, Olathe Traffic Control
Paul Willy, Olathe Fire Department
Marvin Butler, Emergency Planning, Olathe Fire Department
Mike Hall, Olathe Fire Department
Dr. Cory Koch, Chiropractic and Massage
Sgt. Josef Sudduth, Olathe Police Department
Ron Schroeder, Finish Line
Herb Fiddick & Dennis Smeltzer, HAM Communications



Race Information

Starts

All races will begin and finish at Garmin International, 1200 E 151st Street. Ample water and port-a-potties will be available at Garmin. **The Marathon and Half Marathon will begin at 6:45 a.m. with NO LATE STARTS ALLOWED.** See enclosed map for a diagram of the start/finish areas. The 10K and Kids Run will start at 7:00 and 7:25 am, respectively.

Gear Check

Gear check, sponsored by Whole Foods, will be located to the East of the starting line (see enclosed festival map) for any gear you want to leave. Some lucky individuals will receive a surprise gift from Whole Foods in their bag! **Any bags left unattended in the festival area will be subject to search.** If you discard an item on the course, it will most likely not be returned. Any unclaimed items left after the end of the race will be donated to charity.

The Course

This year's race features a course that will run through historic downtown Olathe and on residential and commercial streets as well as on a paved suburban running trail. The last portion of the marathon will be on public trails, so runners should be on alert for other people running on the trail and 2-way traffic. The course map and elevation chart are included at the back of this packet.

Additionally, the course maps indicate start, finish, and aid station locations. The route is marked with signs/mile markers that correspond with your bib color. For the Marathon, the color will be Blue. For the Half, the color will be Green. For the 10K, the color will be Red. **Follow the Mile Markers That Match Your Bib Number Color.**

All courses are USATF-certified, and the full marathon is a Boston Qualifying course.

Important: Marathon and Half Marathon participants must reach mile 11 by 10 a.m., after which time, an official marathon vehicle will remove runners from the first portion of the course. Course protection will be provided until 1 p.m., after which participants must use sidewalks. All runners must keep to the right, unless otherwise posted along the route. This will allow faster runners to pass on the left.

Parking

Event parking (see attached map) is available at Garmin International, 1200 East 151st Street, Olathe, KS 66062. You may access Garmin from 151st St. Ridgeview Rd will be closed. There will be volunteers in KHAKI volunteer hats if you need direction. Please allow plenty of time to park and walk to the starting area.

Finish Line

All races start and finish at Garmin International. A runner's refueling tent with bananas, snacks and chocolate milk and water for all participants will be available courtesy of Whole Foods. Tyson Foods will provide chicken sandwiches for all runners and spectators. Additionally, runners age 21 or over will be able to receive up to two beers, based on availability, compliments of Crawford Sales in Olathe. The finish line festival will remain open until 2 p.m.

Awards

The awards ceremony for the 10K will start around 8:20 a.m., the half marathon around 10 a.m., and the marathon around 10:45 a.m. near the finish line. Overall winners (male/female) will be recognized. A results tent will be located near the finish line and immediate print-outs of your time will be available. Results will also be posted online at www.GarminMarathon.com.

Safety

Races are limited to registered participants only. No baby strollers/joggers, rollerblades, bicycles, skateboards or dogs are allowed on the course. Non-compliance can result in disqualification. The Olathe Law Enforcement Officers, course monitors, and volunteers will control traffic during the race. All runners should always exercise caution during their race.

Vehicle Warning

Although the course is monitored by Olathe city personnel and volunteers, watch out for vehicles on the course at all times! Even though you may be running with a large group of people, some drivers don't pay close attention. Don't take their awareness for granted.

Aid Stations

Twelve Aid stations will be placed along the course. For locations, please check the route map. Port-a-Potties will be placed along the course at each aid station. Water and Gatorade will be provided at each aid station and GU is available near miles 10, 14 and 21 on the full course and near mile 7 on the ½ course.

Volunteers

Volunteers will be present along the course and will be highly visible in KHAKI Garmin Marathon baseball caps. They will be monitoring traffic, directing course turns, and helping at aid stations. Emergency radio dispatchers will be located at each aid station. If you need help, let them know.

Race Preparation

It is recommended that you are properly trained to run a distance race and this is particularly important if you are running the marathon or half-marathon.

Proper hydration is important for endurance events. Drinking too much water (hyponatremia) can be just as dangerous as drinking too little water (dehydration). Taking in electrolytes (sports drinks, gels, etc.) can help in avoiding hyponatremia, gastro-intestinal issues and muscle cramps. Be sure and adjust your hydration plan accordingly based on the weather conditions on race day. Aid stations with water, Gatorade sports drink, and Emergency Radio System mobile units are provided for your safety along the course. Aquafina, Gatorade sports drink, fruit, food, and a medical/health tent are available at the finish.

If you experience dizziness, lightheadedness or chills, or if you stop sweating, stop immediately and seek attention.

Timing

Chip timing will be used for all races. Runners can pick up their chip at packet pick-up at Hilton Garden Inn, 12080 S. Strang Line Rd. on Thursday from 4 pm to 8 pm and Friday from 11 am to 7 pm or at the starting area beginning at 5 am on Saturday morning.

Disposable chips will be used. You will find a sticker in your packet that must be affixed to the back of your race bib. Please double-check that your sticker is on your bib before you begin your race or you will not be timed.

Your official time, as clocked by your chip when you cross the finish line, will be available in the results tent near the finish line and online at www.GarminMarathon.com

Kids Marathon

The Olathe Marathon will conduct a Kids Marathon in conjunction with the main event. Beginning at 7:25 a.m., elementary students will be running the last 1.2 miles of a thirteen week training program to accumulate 26.2 miles. **The 10K and half marathon runners must be aware of the presence of these young runners near the finish and start lines.** Volunteers will be present to help all runners reach the finish line safely and enter the appropriate chute for accurate timing. Kids Marathon participants have been informed that adult runners are on the same course and have been granted the right-of-way. Do not assume that kids marathoners will remember these instructions. Please be aware of them for your own safety.

In Case of Severe Weather

In the event of severe or inclement weather on race morning, event organizers and the Office of Emergency Management for the City of Olathe will implement a protocol to ensure the safety of all participants, volunteers, staff, and spectators.

At all times, it must be kept in mind that the primary objective of the Olathe Chamber of Commerce is to hold the race, and that only in the most severe and dangerous of circumstances will all parties mutually agree to consider postponing, or worse, canceling the event.

The event staff will communicate with the participants through the start/finish sound system with announcers working from cover with a hand held microphone. The sound systems will not be turned off

unless forced by conditions. In case of lighting or other severe weather, the race start can be delayed until 7:45 a.m. for all races. After that time, if conditions do not improve, the race would be canceled as course protection would not be available. Refunds are not available.

In the case of severe weather on the route, runners will be directed to the nearest aid station for further instruction. Shuttle service is on standby for immediate sweep of the course and pick-up at aid stations, if necessary. Runners would be transported to Garmin for safety.

The Community

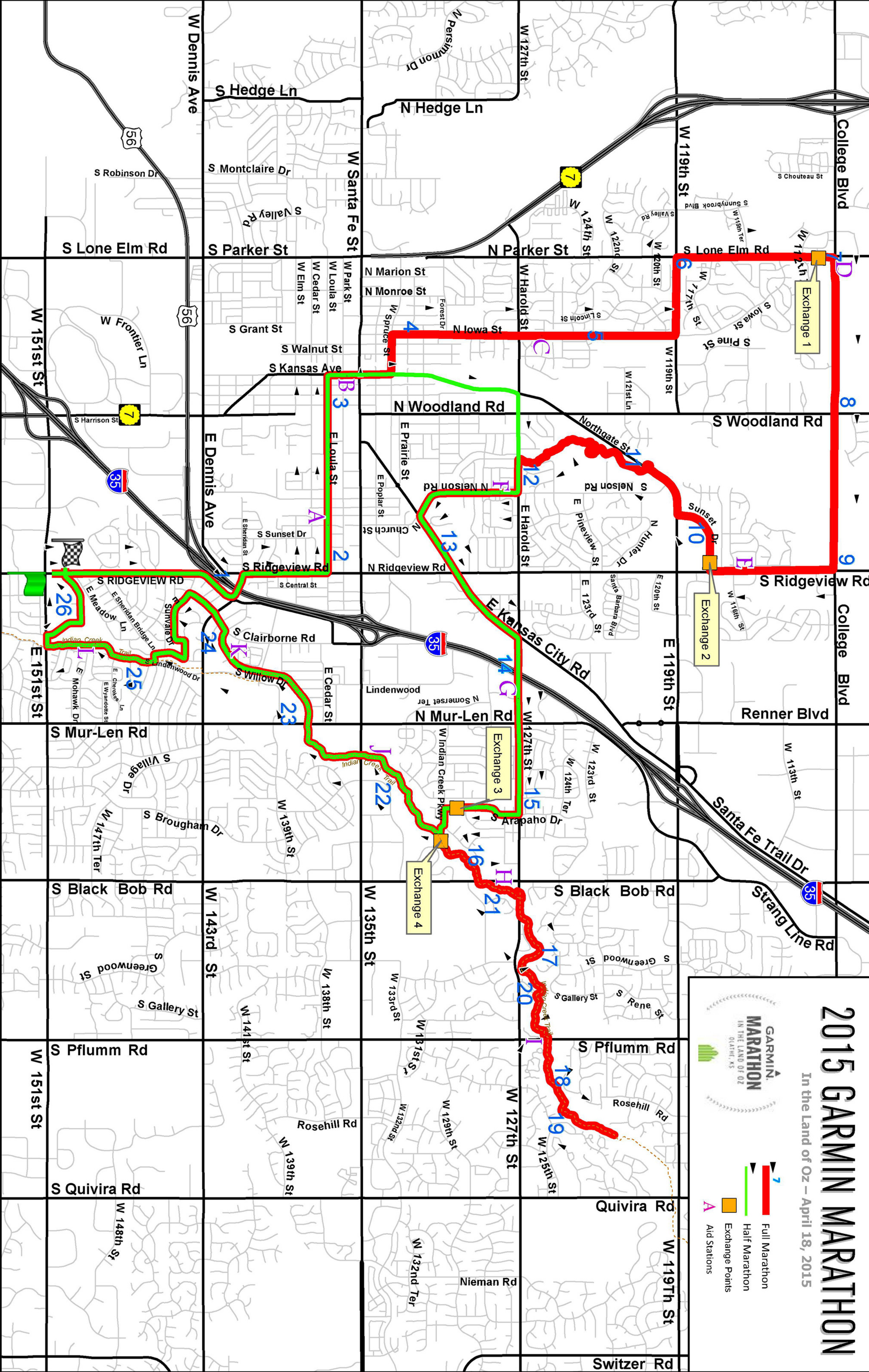
The Olathe Chamber of Commerce and the citizens of Olathe and Johnson County thank you for participating in the Garmin Marathon. We appreciate that you have chosen to spend part of this weekend in our communities. We hope you have an enjoyable experience while participating in our event and will place the Garmin Marathon on your calendar of future races “not to miss.”

2015 GARMIN MARATHON

In the Land of Oz – April 18, 2015



- Full Marathon
- Half Marathon
- Exchange Points
- Aid Stations



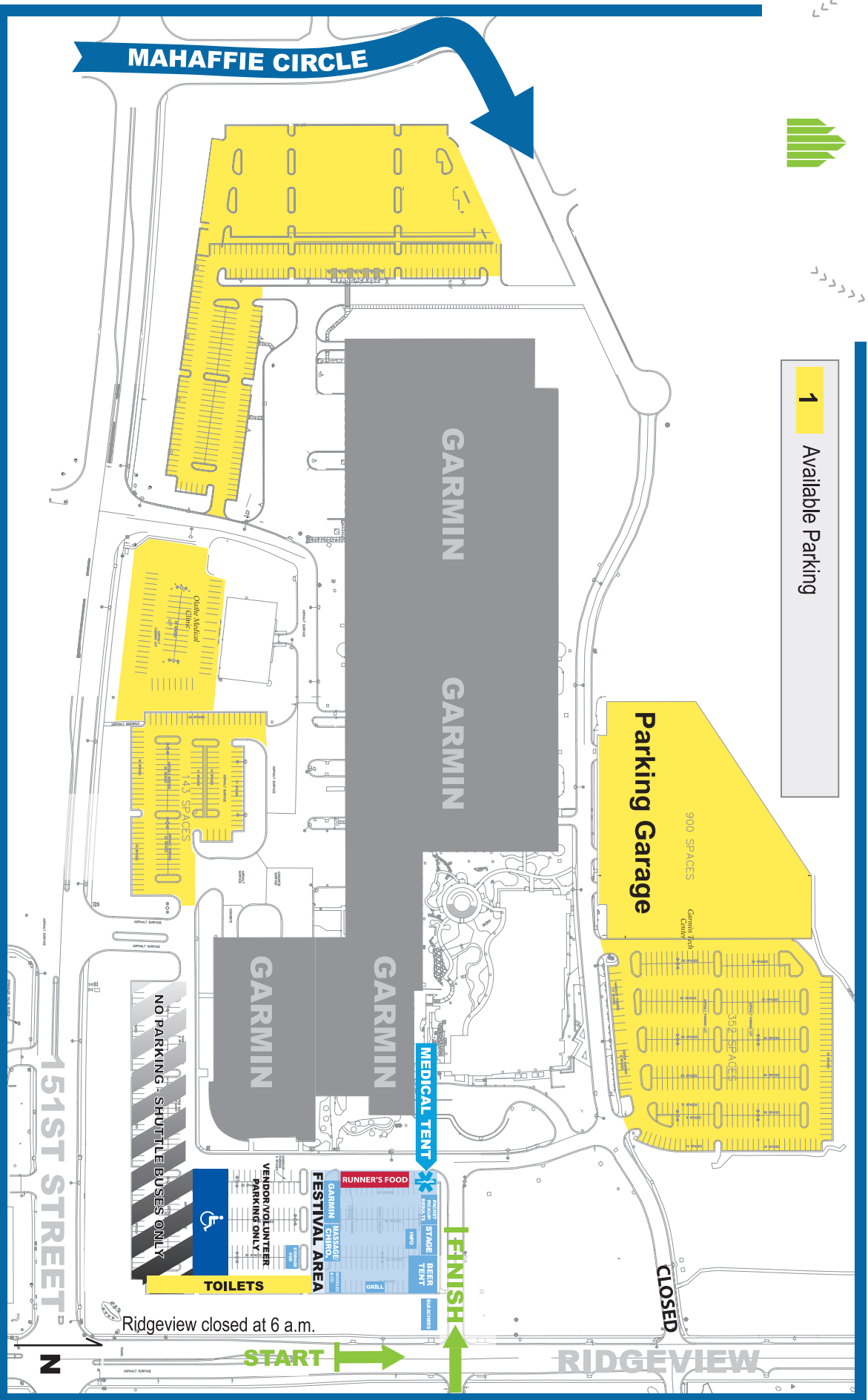
GARMIN®
MARATHON
 IN THE LAND OF OZ
 OLATHE, KS



2015 Parking Map

Runners, please be parked by 6:15 a.m.
 Ridgeview will be shut down at 6 a.m. please use 151st St. entrances into Garmin
 Overflow Parking available at Olathe South High School: 1640 East 151st Street Olathe, KS
 Pedestrians, please use marked crosswalks on 151st Street

1 Available Parking



Garmin International, 1200 E. 151st St., Olathe, KS 66062

Special Thanks to Our Sponsors!



Kansas City



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